

Useful list of things to remember:

Health / Medication		
	Yes	No
Do you have adequate supply of any essential prescription - consider carrying a letter from your doctor about their usage		
Have you packed any medicines in your hand luggage		
Are you aware of your blood group type		
Travel Insurance / documents		
	Yes	No
Have you made a copy of your passport to carry with you		
Do you have the flight booking emergency number should you need to change arrangements out of hours		
Make sure you carry a copy of your travel insurance policy and have details of their emergency number		
Money / Communication		
	Yes	No
Have you informed you bank that you are travelling overseas and using a debit/credit card		
Do you know the emergency number for your bank / credit card company if your cards are stolen		
Is you mobile phone set to roaming and have you packed a charger?		