

Risk Assessment: Travel to Kenya 2026

Name	
Date of travel	

Purpose

This is an updated risk assessment specific to Kenya.

We have a duty of care to all our staff and guests when travelling and this must be paramount to the planning process.

Overview

FCDO general update on Kenya as at 07/01/26

You will find the most up to date government foreign travel advice from [Foreign travel advice - GOV.UK \(www.gov.uk\)](https://www.gov.uk/foreign-travel-advice/kenya)

Threat/vulnerability/risk assessment for Kenya

Threat	Indicators	How, when and where are we vulnerable?	Mitigation Measures
Flying	Accidents, cancellations, deep vein thrombosis, jet lag	Mainly during flights	<ul style="list-style-type: none"> • Use scheduled flight • Individuals must take precautions against deep vein thrombosis and dehydration
Terrorism		Attack on the airport, public places or roads	<ul style="list-style-type: none"> • Use of guidelines for UK visitors provided on UK Government website. You will find the most up to date government foreign travel advice from Foreign travel advice - GOV.UK (www.gov.uk) • Have recorded the presence of the visitors with Government regional commissioners in all the areas the visitors will be while in the project areas • In the unlikely event of the need of security evacuation out of the country, This will be via the UK high commission based in Nairobi. • We will keep vigilant

			<ul style="list-style-type: none"> • Save key numbers (health, CD etc) on your phones or somewhere accessible. These numbers will be provided to you in the travel pack
Medical condition	An existing medical condition, such as a heart condition, allergies, or a recent injury may be aggravated by travel or local conditions		<ul style="list-style-type: none"> • Individuals are required to declare pre-existing medical condition(s) to professionals such as their GP or insurer's agent. If you are advised that the condition may be aggravated by the trip, you must advise Ripple Effect
Food and drink	Depending on the individual this can be a mild illness or more serious watery diarrhoea, vomiting and dehydration	Spread via contaminated water, food Prevalent in places where sanitation is poor and food quality low.	<ul style="list-style-type: none"> • Practice regular personal hygiene • Only drink bottled water – you will be provided with plenty. • Iodine tablets • Only eat well prepared food and preferably whilst still hot • Seek advice from your doctor before you travel if you have an underlying condition that may mean you need to take extra precaution before you travel • Do not ignore! Inform the visit organiser if you experience problems • There is lots of hand shaking, washing hands is advisable before you eat • During travel practice good hygiene, avoid contact with carriers such as infected people or animals
Climate	Sun burn, exhaustion...	Exposure to sun	<ul style="list-style-type: none"> • Individuals must wear appropriate clothing (ie a hat and long-sleeved clothing), taking in account of weather and areas to be visited. Sun bloc skin protection is advised.
Malaria	Symptoms include fever, chills, headache, fatigue, and vomiting	Across the country	<ul style="list-style-type: none"> • Take prevention/anti malaria tablets or as advised by your doctor/GP • Take mosquito nets • Advised to take creams to prevent mosquito bites
COVID 19 / Ebola	New strain spreading	During flights, airports, enclosed meetings	<ul style="list-style-type: none"> • Although not a requirement, advised to bring face masks • Bring hand sanitiser • Wash hands and follow good hygiene
Bribery		On road blocks, when paying for services, at airports etc	<ul style="list-style-type: none"> • Ripple Effect has a zero-tolerance bribery policy • Country teams will handle most of the in-country transactions • Always refer any suspicious requests to the country teams • Answer to questions in a polite and civil manner • Print your visas, airport tickets

Robbery – office/vehicles/street crimes	Suspicious movement	Burglaries, Banks and foreign exchange, crowded places	<ul style="list-style-type: none"> • Itinerary will avoid travelling by car at night • Avoid crowded places and vigilant when buying souvenirs etc • Avoid traveling at night alone • Ask CD for support if you want to change money/change at the airport • Visitors will be hosted in secure hotels/accommodation • Visitors advised to bring a door stop for extra security • Do not leave valuables in a car • Keep car doors locked at all times • Have a copy of your passport. • Carry a pouch that conceals your valuables • Be careful with public use of your mobile phones. • Remain Alert • Keep car doors locked all the time • Park in secure places • Guards at the office.
Road Accidents	Excess speed, bad quality vehicles, capacity, and health of drivers,	Ripple Effect vehicles and driver/ passengers are at risk, particularly in remote areas.	<ul style="list-style-type: none"> • Travel only in vehicles designated by Ripple Effect • If public transport/taxi is used – travel only in Ripple Effect designated vehicles • Lead traveller to be provided a local SIM card for calls • Drivers will observe speed limit • Vehicles well maintained • First aid medical kit in every vehicle • All staff have medical insurance • Offices avoid driving long distances at night • Wear seat belts at all times
Seat belts	Hiring a vehicle for travellers without working seat belts for all passengers	When hiring vehicles for large groups of visitors and staff	<ul style="list-style-type: none"> • Hosting country must only hire vehicles from companies we have used in the past • At the point of booking, we must insist on vehicles with full Hand over valuables, without resistance • Consider only your personal security • safety including working seat belts for all passengers • At the point of receiving the vehicle for pick up, all seat belts for all passengers must be checked and only used if all are in working order. • Provisions should be made in case the vehicle cannot be used.
Ambush	This will depend on the general security situation, but experience tells us during periods of insecurity this	Vulnerability to car and staff security, particularly in the field.	

	becomes a problem.		
Run out of Petrol	Shortage of hard currency, Media	This effects our ability to move around and due to lack of power also our ability to work at the office.	<ul style="list-style-type: none"> • Ensure vehicles are fuelled for the day • Vehicles are checked prior to any long journey.
Violating social norms and rules		Dress code, attitudes, politics	<ul style="list-style-type: none"> • Be aware of social expectations • Dress conservatively especially in rural areas • Have Ripple Effect staff present • Do not give gifts to communities/staff • You will receive country specific briefings as part of your initial meeting.
Unclear roles and responsibilities		Finding yourself in situation where you are unclear where to go to is you have an issue	<ul style="list-style-type: none"> • Our Country Director is the host while you are visiting their country, and lead the implementation of the visit and are responsible for health and safety • The Country Director may assign their staff specific roles during the visit • Our Africa Director will assist Country Directors if needed.
Severe weather incident		Severe weather such as storm, landslides, flooding	<ul style="list-style-type: none"> • Long rain season is May - July • Country teams will regularly check weather updates • The January/February period is generally dry • Avoid travelling during severe weather • Do not cross flooded rivers

To be signed by traveler		
Name	Signature	date