



Take this quiz to find out how much you know about bananas.

Round 1: Botany & Science

1. Botanically speaking, what type of plant is a banana?
 - A) A tree
 - B) A giant herb
 - C) A shrub
2. What is unusual about a banana plant compared to most fruit plants?
 - A) It dies after fruiting
 - B) It grows underwater
 - C) It produces fruit only once every 50 years
3. True or False: Bananas grow on woody trunks like trees do.



Round 2: Origins & Geography

1. Where did bananas originally come from?
 - A) South-East Asia
 - B) South America
 - C) Africa
2. Which country exports the most bananas today?
 - A) India
 - B) Ecuador
 - C) Spain
3. True or False: Bananas grow naturally in the UK outdoors.



Round 3: Biology & Nutrition

1. What nutrient are bananas best known for?

- A) Vitamin C
- B) Potassium
- C) Calcium

2. What colour is a banana flower?

- A) Bright red/purple
- B) Blue
- C) White
- True or False: Bananas are genetically almost identical worldwide due to cultivation.



Round 4: Surprising Fact

1. What is a banana “bunch” technically called?

- A) A cluster
- B) A hand
- C) A pack



Banana Quiz Answers

Round 1: Botany & Science

1. B) A giant herb (Banana plants are not trees - they're the world's largest herbaceous flowering plants.)
2. A) It dies after fruiting (Each banana "stem" fruits once, then dies back and is replaced by new shoots.)
3. False (They do not have woody trunks; what looks like a trunk is tightly packed leaf stems.)



Round 2: Origins & Geography

1. A) South-East Asia (Bananas are believed to have originated in the region including Malaysia and Indonesia.)
2. B) Ecuador (One of the world's largest banana exporters.)
3. False (Bananas require tropical climates and do not naturally grow outdoors in the UK.)



Round 3: Biology & Nutrition

1. B) Potassium (Bananas are famously rich in potassium, important for muscles and nerves.)
2. A) Bright red/purple (Banana flowers are large and often deep purple or reddish.)
3. True (Most commercial bananas are genetically very similar due to cloning of the Cavendish variety.)



Round 4: Surprising Fact

1. B) A hand (A bunch is called a "hand," and individual bananas are "fingers.")