

This Harvest pray for families living on the frontline of the climate crisis as they restore their land for a future free from hunger



"The challenge we face every day is poverty. Most of the time, we eat once per day... there is starvation." Jeanne

Meet Jeanne

Jeanne wakes up each morning unsure if she'll have enough food to feed her five children. In Rwanda, the long dry seasons - worsened by the climate crisis - make farming increasingly difficult. Some days, her children survive on just one meal.

Jeanne is a single mother living in the region around Lake Cyohoha, a vital wetlands area on the Rwanda-Burundi border. The lake is a crucial source of water for surrounding communities, but the land is suffering. Extreme weather, including drought and floods, has led to failed harvests and deepening poverty. Soil erosion from the surrounding hills only makes things worse.

Jeanne doesn't own land - she farms plots belonging to others and must share whatever she grows with them. Jeanne told us:

"Most of the time we eat once per day... there is starvation...Not taking care of the soil and the environment may cause us losses... our soil may be wiped away."

But there is hope. Ripple Effect's Restore project is helping families like Jeanne's by teaching sustainable farming techniques, including intercropping and terracing. These practices protect the soil, boost harvests, and improve long-term resilience. Find out how, by reading Therese's story overleaf...



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"When you practice soil conservation, you have increased yields, and you are able to progress... As you can see, I have a project of growing vegetables" Therese, Rwanda

Meet Therese

Therese, is a married mother of six who lives in Rwanda. Just like Jeanne, Therese used to struggle with unproductive land. But after she started working with Ripple Effect, things began to change for the better.

She received seeds, tools and training, and now her land is healthy. Therese grows an abundance of crops including coffee, peanuts, beetroot and fruits. She keeps livestock, and her family eat three times a day. Therese generously shares the knowledge she has with her neighbours, creating a ripple effect in her community.

Therese told us:

"My neighbours and I visit each other to exchange ideas about farming... I share the knowledge with them so they too can recover from malnutrition.

Therese works hard on her farm and has dreams for the future. She wants all her children to study and do well. Isn't that what we all want for our families?

This Harvest, please do pray for Jeanne and Therese, and all farmers living on the frontline of the climate crisis.



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Therese and her family, Ripple Effect farmers, Rwanda

For every family you support, many other families benefit from life-saving training too. Farmers, like Therese, share their knowledge, skills and training with their families, neighbours and communities too. Then they do the same. Soon hundreds, then thousands of people, are thriving! Thank you for supporting Ripple Effect this Harvest.

Please pray this Harvest time:

- **Pray for Jeanne as she puts into practice all her training.** Pray that God would bless the work of her hands so that her farm will flourish and that she will have enough to provide her family with a healthy, balanced diet.
- **Thank God for Therese and everything she has learned already.** Praise God that she is sharing her knowledge and skills with others in her community. Pray that as the community puts into practice all that they have learned, they will become resilient to future shocks (such as drought and floods).
- **Thank God for the experience and passion of the Ripple Effect team** as they work alongside mothers like Jeanne and Therese. Pray that God will keep them safe as they often have to travel long distances to the projects. Pray too that God will keep them inspired to find creative ways to combat the effects of the climate crisis.

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